

Chocolate Oatmeal Lactation Cookies

INGREDIENTS

- 2 Tbsp. flaxseed meal
- ¼ cup water
- 2 sticks room temperature unsalted butter
- 1 cup granulated sugar
- 1 cup dark brown sugar
- 2 large eggs
- ½ ripe banana, roughly chopped
- 1 tsp. vanilla
- ½ tsp. cinnamon
- 2 cups all-purpose flour
- 1 tsp. baking soda
- 1 tsp. kosher salt
- 3 Tbsp. Brewer's yeast
- 2 ½ cups old-fashioned oats
- 1 cup dark chocolate chips

INSTRUCTIONS

1. Preheat oven to 375 degrees.
2. In a small bowl, combine the flaxseed and water. Let sit for 5 minutes.
3. In a standing mixer fitted with a paddle attachment, cream together the butter and sugars.
4. Add in the flax mixture, eggs, banana, vanilla, cinnamon, flour, baking soda, salt, Brewer's yeast, and oats.
5. Stir the chocolate chips in by hand.
6. On a rimmed cookie sheet fitted with parchment, drop the dough by the tablespoon at least 2-inches apart.
7. Bake for 9-10 minutes, or until golden brown. Let cool on a metal cooling rack.

SERVING SIZE

*Recipe makes about 15 cookies

