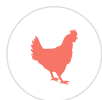


Chocolate Chip Protein Balls



Recipe makes 4 protein balls (1 serving = 4 balls)

PLATE SECTIONS FULFILLED:



Protein



Fats



Carbohydrates



Vegetables



Extras

INGREDIENTS

- 2 tablespoons almond or peanut butter
- 1 tablespoon organic maple syrup
- 3 tablespoons coconut flour
- 1 scoop vanilla protein powder
- 2 tablespoons almond milk
- 4 dark chocolate chips
- Sprinkles

INSTRUCTIONS

1. Preheat oven to 350 degrees.
2. Heat almond butter and syrup in a small bowl in the microwave for 10 seconds.
3. Using a fork, combine the flour and protein powder to work out any lumps. Stir in warmed almond/peanut butter and syrup.
4. When well combined, stir in almond milk until the mixture just holds together.
5. Divide dough into 4 balls and place on a nonstick baking sheet.
6. Using the tines of a fork, gently press down on balls. Top each with a chocolate chip. Bake for 8 minutes. Top with sprinkles.
7. Let cool, or eat while still warm.