

• ENTREES •

# Protein Cookie Dough



PLATE SECTIONS FULFILLED:



Protein



Fats



Carbohydrates



Vegetables



Extras

## INGREDIENTS

- $\frac{3}{4}$  scoop vanilla protein powder
- 2 tablespoons peanut or almond butter
- 1 tablespoon vanilla almond milk, or unflavored almond milk
- 1 tablespoon chocolate chips

## INSTRUCTIONS

1. Mix the protein powder, nut butter and almond milk together
2. Stir in the chocolate and serve